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Registered Charity No. 278723

### **General Welfare Requirement: Safeguarding and Promoting Children's Welfare**

Children's behaviour must be managed effectively and in a manner appropriate for their stage of development and particular individual needs.

## **Promoting health and hygiene**

### **Physical**

#### **Policy statement**

Vorda pre-school is committed to providing a welcoming and caring environment that provides for the children's safety and well-being and supports them in their development and learning. The setting believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a child's physical and emotional development and health.

We believe that the organisation and layout of the environment should enable children to be active, and involved in social and individual play activities and experiences.

The policy is based on the Early Years Foundations stage guidance.

#### **Procedures**

##### ***It is the responsibility of the manager:***

- To take positive steps to establish a welcoming and friendly environment for children and parents
- To provide a safe, secure and supportive environment for the children's care, health and well-being, as well as their development and learning
- To provide both indoor and outdoor play activities and experiences
- To ensure that all parents and children, including those with disabilities, have easy access to the premises.

#### ***Space within the Pre-school setting***

- We provide appropriate space for children, including those with special needs and disabilities, to move freely and safely around the setting.
- We organise the space to allow a wide range of play experiences, including whole-group activities.

### ***Indoor provision***

- We create defined areas for different play activities, thus supporting the children in all six areas of learning in the Early Years Foundation stage.
- We use the available space creatively and flexibly to provide opportunities for the children's imaginative play, movement and large scale play activities.
- We provide opportunities for both floor play and table activities.
- We create opportunities for children to access equipment and materials independently, and choose for themselves, by using low level open storage shelves and boxes.

### ***Outdoor provision***

- We offer regular opportunities for children to play in a natural environment of grass, trees and bushes.
- We have daily opportunities for children to play outside, providing open space where they can run, as well as using fixed or other play equipment.
- We ensure that there are areas of shade and shelter.
- We provide a defined quiet area appropriate for the children's needs.
- We use the outdoor environment to offer a wide range of learning opportunities for investigation and exploration, thus developing all six area of learning in the Early Years Foundation stage.

### ***P.E. sessions***

P.E sessions held regularly aim to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities.

- Children will participate in a range of movement activities in order to develop personal physical skills.
- Children will be made aware of their body in relation to others and their immediate environment and aim to promote quality of movement.
- Children will be made aware of simple physiological changes that occur to their bodies during exercise.
- Be given opportunities to develop imagination and co-operation to achieve shared goals.
- Be given opportunities to develop personal characteristics like initiative, self-reliance and self-discipline.

This policy was adopted at a meeting of Vorda pre-school.

Held on (date) \_\_\_\_\_

Date to be reviewed \_\_\_\_\_

Signed on behalf of the management committee \_\_\_\_\_

Name of signatory \_\_\_\_\_

Role of signatory (e.g. chair) \_\_\_\_\_

